



Area Sanghas *in the Tradition of Zen Master Thich Nhat Hanh*

Center City, Philadelphia

Lilac Breeze Sangha - Every other Saturday, 2-4:30pm, Friends Center at 15th and Cherry Streets, Philadelphia. Informal practice with sitting, walking, and mindfulness tea ceremony. Contact: Sylvia Brown 484.574.6819, bpu30973@gmail.com / www.lilacbreeze.org

Peaceful City Sangha - Wednesdays, 5:45-6:45pm, Eviama Life Spa, 262 S. 16th St., Phila., 19106; Sundays, 10am-12:30pm in members' homes; Reading Circle 2nd & 4th Tuesdays in Center City Phila. Contact: Sara Becker, 215-852-4375 / www.peacefulcity.org

Mount Airy, Philadelphia

Open Hearth Sangha - Wednesdays, 6:30-8pm, 633 W. Sedgwick St. Phila., 19119. Families with young people included. Contact: Jeff Maxson, 215.991.9306, maxson@rowan.edu

West Chester

Willow Branch Sangha – Sundays, 6pm, Church of the Loving Shepherd, 1066 S. New Street, West Chester: Sitting and Walking meditation; Five Mindfulness Trainings Recitation, first Sunday of the month; Fourteen Mindfulness Trainings Recitation, 3rd Sunday. Contact: Bayard Walker, bw@willowbranch.org, 215.460.7121/ www.willowbranch.org

New Hope

Old Path Sangha - 1st & 3rd Wednesdays, 7-9pm, at St. Philip's Church, River and Chapel Roads, New Hope, PA. Includes sitting and walking meditation, recitation of chants/poems/offerings, and Dharma discussion. www.oldpathsangha.org. Contact: Ben Marcune, zenspark@optonline.net, 908.393.9944

Hawk Mountain

Hawk Mt. Sangha – 1st & 3rd Thursday of the month, 7-8:30pm. Contact: Lee Simpson, fluttering2@yahoo.com, 610-756-4186

Emmaus

Dharma Moon Sangha – Tuesdays, 7:30-9:30pm, Unity Church, Emmaus. Contact: Michael Gill, emmaussangha@gmail.com

York

Susquehanna Valley Sangha - Sundays, 7-9pm, at Renaissance Yoga Studio, 2507 S. Queen St., York, PA 17402. Contact: Dann Johns, (717) 741-4717, Dann@susquehannavalleysangha.org / www.susquehannavalleysangha.org

Water in the Waver Sangha – Sundays, 5-7pm, Friends Meeting House, 135 W. Philadelphia St., York, PA. Contact: James Ebaugh, jebaugh88@yahool.com, 717-779-8587 / www.waterinthewave.org.

For more information on the Thich Nhat Hanh tradition, retreat centers, etc., please visit www.plumvillage.org.